



Developmental Milestones

4 – 5 years old

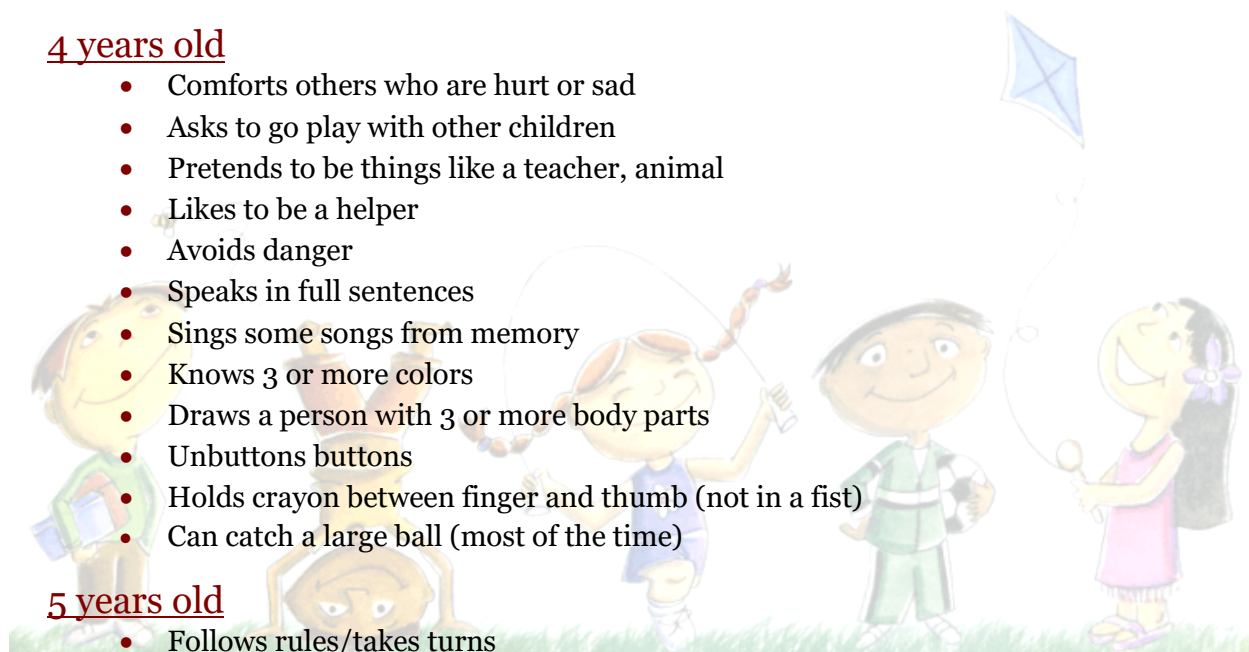
Below are examples of developmental milestones that your child should be meeting by certain ages. Remember, not every child will meet every milestone right “on time” and milestone expectations are often adjusted for children that are born prematurely. Always reach out to your provider if you are concerned about your child’s development!

4 years old

- Comforts others who are hurt or sad
- Asks to go play with other children
- Pretends to be things like a teacher, animal
- Likes to be a helper
- Avoids danger
- Speaks in full sentences
- Sings some songs from memory
- Knows 3 or more colors
- Draws a person with 3 or more body parts
- Unbuttons buttons
- Holds crayon between finger and thumb (not in a fist)
- Can catch a large ball (most of the time)

5 years old

- Follows rules/takes turns
- Likes to sing, dance, act
- Can count to 10
- Recognizes some numbers between 1 and 5 when pointed to
- Uses words related to time (“yesterday” or “morning”)
- Writes some letters in their name
- Names some letters when you point to them
- Can hop on one foot
- Answers simple questions about a story after you read/tell it to them
- Tells stories they made up



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